

Factor 3: (Neatness/Organization; N/O)

- 19. Neatness is very important to me.
- 20. I try to be a neat (tidy) person.
- 21. I am a neat (tidy) person.
- 22. Being organized is very important to me.
- 23. I am not an organized person.

Factor 4: Coach Expectations and Criticism (PE/C)

- 24. My coach would become angry with me or punish me if I performed below his expectations.
- 25. My coach rarely compliments me on my performance.
- 26. My coach does not usually try to understand the reasons for my mistakes.
- 27. My coach usually expects me to perform perfectly.
- 28. I can rarely meet my coach's expectations of me.
- 29. No matter how well I performed, my coach asks me to perform better.
- 30. I would *not* refer to my coach as particularly sensitive.
- 31. Even after I perform successfully, my coach tends to point out my mistakes during competition.

*Marginally associated with self-criticism

Coaching Knowledge and Success: Going Beyond Athletic Experiences

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This study explored the development and acquisition of coaching knowledge of University coaches who have surpassed their personal athletic achievements. Six successful Canadian male University team sport coaches participated in semi-structured, open-ended interviews. Results of the analysis revealed commonalities between the coaches in terms of their personal characteristics and current coaching knowledge. Some similarities and differences emerged in their acquisition of knowledge. Many of the current findings were similar to previous studies on expert coaches' knowledge development and acquisition, despite the fact that university coaches in our sample did not compete at an elite level as an athlete. This article explains how these individuals acquired their coaching knowledge and provides a more complete picture of the development and acquisition of coaching knowledge for aspiring coaches.

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